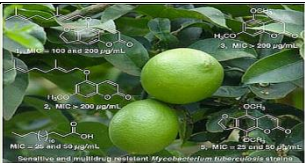


S. NO.	NAME OF DRUG	BIOLOGICAL SOURCE/ FAMILY	PART USED	CHEMICAL CONSTITUENTS	USES
01	 Nimbu	Citrus limon Family : <i>Rutaceae</i>	Fruit	Vit.C, flavonones-eriodictyol, hesperidin, naringin etc.	Skine, measles, smallpox, skin infection.
02	 Chitrak	Plumbago zeylanica Family <i>Plumbaginaceae</i>	Root	Flavonoids, alkaloids, glycosides, steroids etc.	Antioxidant, antimalarial, antibiotic etc.
03	 Aloe Vera (Ghrithkumari)	Aloe barbadensis Family <i>Liliaceae</i>	Juice	Anthraquinone, Glycosides: Aloin, Aloe emodin, Aloe Resin	Cathartic and laxative Properties. Also used in cosmetics.
04	 Cardamom (Elaichi)	Elettaria cardamomum Family : <i>Zingiberaceae</i>	Fruits	Volatile oil: Cineol, Terpinyl oil	Carminative And Flavoring Agent

05	 Patchouli	Pogostemon cablin Family: <i>Lamiaceae</i>	Leaves fruits	Patchoulol, germacrene-A, α -guaiene, α -bulnesene, β -patchoulene and patchouli alcohol	Treat colds, headaches, fever, nausea, vomiting, diarrhea etc.
06	 Bach	Acorus calamus Family: <i>Acoraceae</i>	Rhizome	Schistosomiasis, vitamin-K, n-octacosanol etc.	Stomach problems, skin problems, earache etc.
07	 Kasturi bhindi	Abelmoschus moschatus Family: <i>Malvaceae</i>	Flowers	Fixed oils, volatile oils, linolenic acid, plasmalogen, phosphatidylserine, glucose, beta-sitosterol, and myricetin	Antipyretic, antihysteretic, carminative, aphrodisiac, antispasmodic, antivenom, diuretic.
08	 Mandukaparni	Centella asiatica Family: <i>Umbelliferae</i>	Leaves	Pentacyclic triterpenoids, including asiaticoside, brahmoside, asiatic acid, and brahmic acid (madecassic acid)	Treating various skin conditions such as leprosy, lupus, varicose .

09	 Ajwain	Trachyspermum ammi Family: Apiaceae	Flowers, seeds	p-cymene (30.8%), γ-terpinene (23.2%), β-pinene (1.7%), terpinene-4-ol (0.8%).	Infection, cough, bp etc.
10	 Ginger	Zingiber Officinale Family : Zingiberaceae	Rhizomes	Volatile oil: Bisabolene, Zingiberine, zingiberal	Carminative And Flavoring Agent, Condiment, Stimulant
11	 Giloy	Tinospora cordifolia Family : Menispermaceae	Leaves	Choline, tinosporin, isocolumbin, palmatine, furanoid.	Fever, infection diarrhea, diabetes
12	 Coleus	Coleus scutellarioides Family : Lamiaceae	Root	Alkaloids, flavonoids, tannins, saponins, glycosides etc.	Underactive thyroid, heart disease, respiratory disorders.

13	 Ashwagandha	WithaniaSomnifera Family : <i>Solanaceae</i>	Dried Roots	Alkaloids : Withasomnine, Withanine Anaferine. Steroid :Withaferine A	Sedative, tonic and aphrodisiac
14	 Amaltas	Caaia fistula linn. Family : <i>Fabaceae</i>	Fruit,bark,leaves	Glycosides,anthaquinones,fid tubic acid,sennosides,sugar etc.	Fever, piles,colitis,consti pation.
15	 Gudmar	Gymnema sylvestre Family : <i>Apocynaceae</i>	Leaves	Gymnemic acid,tartaric acid,calcium oxalate,saponins etc.	Diabetes,metaboli c syndrome,weight loss,cough.
16	 Bhringarj	Eclipta alba Family : <i>Asteraceae</i>	Root,stem,leaf	Wedololactone,desmethyl- wedolactone- 7glucoside,hentriacontanol etc.	Antiseptic,febrifu ge,deobstruent emetic etc.

17	 Rauwolfia	Rauwolfia Serpentina Family : <i>Apocynaceae</i>	Dried root and rhizome	Alkaloid Reserpine, Ajmalin, Sarpentia, Serpentinine	Used in Antihypertensive, Angina Pectoris & Cardiac Arrhythmia
18	 Datura	Datura stramonium Family : <i>Solanaceae</i>	Flower	Hyoscyamine, scopolamine, atropine etc.	Stomach pain, infection, toothache, fever, and inflammation.
19	 Parijat	Nyctanthes arbor-tristis Family : <i>Oleaceae</i>	Stem, leaves, flowers and seed	Essential oil, nyctanthin, d-mannitol, tannin, glucose, carotenoid etc	Anthelmintic, stomachic, expectorant, anti-allergic, anti-fungal etc.
20	 Arjuna	Terminalia Arjuna Family : <i>Combretaceae</i>	Bark	Tannins: Arjunetin, Arjunolic Acid	Cardiotonics, Analgesic And Anti-inflammatory Properties, Diuretics, Astringent.

21	 Punarnava	Boerhaaviadiffusa Family : <i>Nyctagenaceae</i>	Whole Plant	Alkaloids: Punarnavine	Diuretics, Anti- Inflammatory
22	 Gokhru	Triulusterrestris Family : <i>Zygophyllaceae</i>	Dried ripe Fruits	Sapponins: diosgenin, Gitogenin	Diuretic
23	 Vinca(Sadaphuli)	Catheranthus Rosenus Family : <i>Apocynaceae</i>	Dried –entire part	Alkaloids: Vincristine, Vinblastine, Azamaline, Serpentine	In Leukemia, hodgkins disease, Choriocarcinoma.
24	 Meetha Neem	Murraya koenigii Family : <i>Rutaceae</i>	Leave	Carotene,nicotinic acid,vitamin C, alkaloids,flavonoids,tannins,v olatile oil.	Nourashes skin,fungal infection,detoxific ation,immunity etc.

25	 Turmeric	Curcuma longa Family : <i>Zingiberaceae</i>	Dried rhizomes'	Curcumin, Volatile oil, resin	Anti-inflammatory ,Condiment and Colouring agent
26	 Amla	Phyllanthus emblica Family : <i>Phyllanthaceae</i>	Fruit	Vitamin C, ellagic acid,chebulinic acid,galic acid, chebulagic acid,	Anti-diabetic,hypolipemic,anti-microbial,anti-inflammatory etc.
27	 Tulsi	Ocimum Sanctum Family : <i>Lubiatae</i>	Leaves	Volatile Oil: Eugenol, Methyl-eugenol Carvacrol, Cryophylin	Antiseptic, Expectorant, flavoring agent, Carminative, antifertility agent, insectisides
28	 Guggul	Commiphoramukul Family : <i>Burseraceae</i>	Gum	Guggulsterone, gum resin, Volatile oil	Anti-rhumatic, Urinary disease, Skin disease. Anti-tubercular & marasmus

29	 Gudhal	Hibiscus Family : <i>Malvaceae</i>	Flower	Protein,carbohydrate,thiamine,riboflavin etc.	Antiseptic,anti-spasmodic,laxative,diuretic etc.
30	 Sandal wood (Chandan)	Santalum album linn Family : <i>Santalaceae</i>	Stem and Root	Volatile oil , α -Santalol and β - santalol	Disinfectant , perfumery
31	 Almond	Prunus amygdalusBatsch Family : <i>Rosaceae</i>	Dried ripe seed	Fixed oil , glycoside amygdalin	Sedative , demulcent , perfume
32	 Jamun	Syzygium cumini Family : <i>Myrtaceae</i>	Fruit	Anthocyanins,peonidin,delphinidin acetyl-diglucoside	Diabetes,inflammation,ulcer and diarrhea.

33	 Bel	Aegle marmelos Family : <i>Rutaceae</i>	Ripe fruits	Palmitic, stearic, oleic, linoleic and linolenic acid	Anti-oxidant and anti-bacterial activity.
34	 Neem	Azadirachta indica Family : <i>Meliaceae</i>	Leaves and seed	Azadirachtin, nimbolinin, nimbidin, sodium nimbinate, salannin etc.	Inflammation, fever, skin diseases and dental disorders.
35	 Garlic (Lahsoon)	Allium sativum Linn Family : <i>Liliaceae.</i>	Ripe bulb	Eucine, methionine, S-propyl-L-cysteine, S-propenyl-L-cysteine,	Carminative, aphrodisiac, expectorant, stimulant, and used in fevers, coughs, febrifuge
36	 Potato (Aloo)	Solanum tuberosum Family : <i>Solanaceae.</i>	Starchy tuber	Saturated fatty acids Vitamin C, protein, carbohydrates	Skin-on or puffed potato chips, stew ingredient.

37	 Adusa	Vitex negundo Family : <i>Acanthaceae</i>	Fruit	Alkaloids,tannins,saponins,p henolics,flavonoids.	Bronchitis,asthma ,dental ailments.
38	 Nirgundi	Acacia catechu Family : <i>Verbenaceae</i>	Fruit,seed,le ave.	Flavonoids,volatile oil,triterpenes,diterpenes,glyc osides etc.	Arthritis, menstrual cramps.
39	 Shahtoot	Morus alba Family : <i>Moraceae</i>	Fruit	Anthocyanins,polyphenols,fla vonoids,snd sugar etc .	Anti- hyperglycaemic,a nti- hyperlipidaemic,a nti- obesity,antioxidan t,cardioprotective etc.
40	 Bas	Indica Bambuseae Family : <i>Poaceae</i>	Laves and stems	Hemicellulose,lignin etc	Neurological disorders,.

41	 Anar	Punica granatum Family : <i>Punicaceae.</i>	Fruit	Punicic acid,linoleic acid,testosterone,estriol etc.	Nutrients, antioxidant,inflammation,anticancer ,antimicrobial, aneamea etc.
42	 Mentha (Pudina)	Mentha piperita, Family : <i>Labiatae.</i>	Oil obtained by the distillation	Menthyl acetate, isovalerate, menthone, cineol, inactivepinene, limonene, and other less important bodies.	Stimulant, stomachic, carminative, inflatulence, and colic; in some dyspepsia.
43	 Kalmegh	Andrographis paniculata Family : <i>Acanthaceae</i>	Leaves, root	Diterpenoids,neoandroghrap holide etc.	Improve digestion,laxative fever etc
44	 Coriender(Dhaniya)	Coriandrum sativum Linn. Family : <i>Umbelliferae.</i>	Dried ripe fruits	Borneol, p-cymene, camphor, geraniol, limonene, and alpha-pinenes.	Aromatic, carminative, stimulant, alterative, antispasmodic, diaphoretic and flavouring agent

45	 Lemongrass	Cymbopogon citratus. Family : <i>Poaceae</i>	Grass	Terpenes, alcohol, ketones, aldehyde, citric etc.	Flavoring, fragrance, deodorant, soap, cosmetics and skin infection etc.
46	 Artemisia (Dawna)	Artemisia annua Family : <i>steraceae</i>	Whole parts	Flavonoid, artemisinin, phenolic acid.	Used material treatment
47	 Akarkara	Anacyclus pyrethrum Family : <i>Asteraceae</i>	Root, leaves, flower.	Alkaloids, tannins, flavonoids, sterols, and phenols etc.	Inflammation, arthritis etc.
48	 Keukand	Costus speciosus Family <i>Costaceae</i>	Leaves	Diosgenin, sitosterol, glucoside etc.	Anti-microbial, anti-fungal etc

49	 Lily	Lilium specios Family: <i>Liliaceae</i>	Leaves,flowers	Alkaloids,saponins,sterols,polysaccharides l.brownii etc.	Anti-tumor,anti-inflammation etc.
50	 Fennel(Souf)	Foeniculum vulgare Family: <i>Apiaceae</i>	Leaves,seeds	Trans-anethole,2-pentanone etc.	Digestion,cough,vomiting etc.
51	 Shisham	Dalbergia sissoo Family: <i>Leguminosae</i>	Leaves	Trisacchrides,oligosaccharides,flavonoids,phenols etc.	Anti-diabetic,antioxidant,anticancer,analgesic,anti-pyretic etc.
52	 Shatavari	Asparagus racemosus Family <i>Asparagaceae</i>	Root	Sarsasapogenin,asparagus,ramnose,glucose,steroidal,mucilage,alkaloids.	Hormonal imbalance,PCOS,infertility etc.

53	 Sarso	Brassica juncea Family: <i>Brassicaceae</i>	Seed	Phytoalexins,sinalexin,sinablin s A&B sterols etc.	Rheumatism,arthritism etc.
54	 Methi(Fenugreek)	Trigonella foenum-graecum Family: <i>Fabaceae</i>	Leaves and seeds	Quercetin,rutin,vitexin,isovitexin,etc.	Diabetes,improve milk production,weight loss, testosterone etc.
55	 Onion (Pyaz)	Allium cepa Family: <i>Amaryllidaceae</i>	Rhizome	Thymol methyl ether,carvacrol,limonene epoxide	Cholesterol,diabetes,joint disorders ,digestive etc.
56	 Aalu (Potato)	Solanum tuberosum Family: <i>Solanaceae</i>	Rhizome	Starch, lipids,organic acids,phenolic compounds,mineral substance.	Diabetes,heart disease,bp,indigestion etc.

57	 Davana	<i>Artimisia pallens</i> Family: <i>Asteraceae</i>	Leaves	Hydrocarbons,esters,oxygenated compounds etc.	Essential oil, perfume etc.
58	 Papaya(Papita)	<i>Carica papaya</i> Family: <i>Caricaceae</i>	Fruit and seed	Vitamin A,B,C, proteolytic enzyme,isothiocynate etc.	GIT disorders,sedative, diuretic etc.
59	 Munga	<i>Moringa oleifera</i> Family: <i>Moringaceae</i>	Leaves and fruit,seeds	Niazirin and Niazirinin – nitrile glycosides,4-[(4'-O-acetylalpha- L-rhamnosyloxy) benzyl isothiocyanate, Niaziminin A, and Niaziminin B,	Antioxidant ,antiepileptic ,anti-daibatec,CVD etc.
60	 Hadjod	<i>Cissus quadrangularis</i> Family : <i>Vitaceae</i>	Stem ,leaves	Phenol ,tannins,carotenoids and vitamin C etc.	Swelling,pain,fractures,etc.
61	 Ashwagandha	<i>Withania somnifera</i> Family: <i>Solanaceae</i>	Root	Alkaloids,isopelletierine,anaf erine,steroids,flavonoids etc.	Antistress,adapto genic,antitumor,anti-inflammatoryetc.

62	 Sundari	Heritiera fomes Family : <i>Malvaceae</i>	Root	Saponins ,alkaloids, glycosides,tannins,steroids etc.	Dysentery, diarrhea, indigestion, colic, acidity, constipation, bloating, lack of appetite, stomachache etc.
63	 Kali haldi	Curcuma caesia Family: <i>Zingiberaceae</i>	Dried rhizome	Camphor,ocimene,curcumine etc.	Anti-fungal,anti- bacterial ,leucoderma,infla mmation,allergic etc.
64	 Amrud	Psidium guajavaL. Family : <i>Myrtaceae</i>	Leaves and fruit	Vitamin a,b,c, beta ceretine ,thiamine,phenolic compound etc.	Digestion ,pain,diabetes,wou nd healing etc.
65	 Chiku	Manikara zapota Family: <i>Sapotaceae</i>	Seeds and flowers	Saponin,astringent,tannin etc	Immune boost,hair,skin benefits,etc.

66	 Harra	Terminalia chebula Family: <i>Combretaceae</i>	Seeds	Asuarinin, chebulanin, chebulagic acid, chebulinic acid corilagin, ellagic acid, gallic acid, neochebulinic acid, punicalagin	Antiseptic,diuretic s,astringent,cardio tonic,febrifuge etc.
67	 Nagfani	Opuntia Family: <i>Cactaceae</i>	Whole plant	Galic acid,betanin,indicaxanthin,vanillic acid,polyphenols etc.	Anti Inflammatory Digestive System Skin And Hair Liver,Blood Boosts ImmunityHeart Controls Blood Suga
68	 Jungli Lahsun	Allium ursinum Family: <i>Amaryllidaceae</i>	Rhizome	Alliin,allicin,E-ajoene,diallyl sulfide,diallyl disulfide etc.	Anti-bacterial,antifungal,antioxidant ,inflammation etc.
69	 Kanghi	Abutilon indicum Family: <i>Malvaceae</i>	Flowers,leaves,fruits.	Alkanols,B sitasterol,vanillic acid,fumaric acid and amino acid etc.	Bleeding disorders, injuries,burning sensation etc.

70	 Insulin	Chamaecostus cuspidatus Family: <i>Costaceae</i>	Flowers and leaves	Steroids,alkaloids,flavonoids, triterpene,glycoside and saponins etc.	Diabetes.
71	 Apamarga	Achyranthes Family: <i>Amaranthaceae</i>	Flowers	Triterpenoid saponins, oleanolic acid achyranthine, betaine, pentatriacontane, 6 pentatriacontanone, hexatriacontane Hentriacontane, Ecdysterone and tritriacontane.	Asthama,bleeding, bronchitis,debility ,headach,leukoder ma,pneumonia etc.
72	 Stevia	Stevia rebaudiana Family: <i>Asteraceae</i>	Leaves	Stevioside, steviolbioside, rebaudiosides A, B, C, D, and E, and dulcoside A	Obesity, high blood pressure, diabetes, and many other conditions
73	 Aparaajita	Clitoria ternatea Family: <i>Fabaceae</i>	Rhizome,leaves.	Flavonol glycosides,beta glucose,kaemferol,quercetin myricetin etc.	Chronic bronchitis,migraine,abdominal painetc.

74	 Jungli adrak	Zingiber officinale roscoe Family: <i>Zingiberaceae</i>	Rhizome	Gingerols,shogaols,polyphenols,etc.	Anti-oxidant,anti-inflammation,cytotoxicity etc.
75	 Pippali	Piper longum Family: <i>Piperaceae</i>	Leaves,fruits	Coumaperine,methoxyphenyl,pentenoyl,piperidin,piperolactam etc.	Gastrointestinal problems, lung problems, arthritis, problems during menstruation, and many other conditions.
76	 Brahmi	Bacopa monnieri Family: <i>Plantaginaceae</i>	Leaves,flowers	Saponins etc.	Alzheimers,anxiety,allergic,irritable bowel etc.
77	 Vajradanti	Barleria Family: <i>Acanthaceae</i>	Whole plant	Alkaloids, flavonoids, glycosides, phenolics, saponins etc.	Anti-arthritic, anti-inflammatory and anti-fertility properties.

78	 Kapur kachri	Hedychium spicatum Family: <i>Zingiberaceae</i>	Bark and roots	Ethyl-p-methoxy cinnamate etc.	Aromatic,acidic,bitter,pungent,carminative etc.
79	 Henna (Mehandi)	Lawsoniainermis Family : <i>Lythraceae.</i>	Henna leaves	Lawson (2-hydroxy-1,4-naphthoquinone ,Hennotanic acid.	Dandruff, scabies, fungal infection, eczema and wounds.
80	 Bam	Melissa officinalis Family : <i>Lamiaceae</i>	Leaves	Citral,polyphenol,hydroxycinnamic,flavonoids.	Anxiety,promote sleep,appetite,etc
81	 Patharchatta	Kalanchoe pinnata Family : <i>Crassulaceae.</i>	Leaves	Flavonoids,steroids,terpenoids,phenolics etc.	Kidney disorder,joint pain,and muscles etc.

82	 Chui-mui	Minosa pudica Family : <i>Fabaceae</i>	Flower,bark, leaves.	Betaxanthines ,kaempferol glycoside , Red betalains.	Insomnia,depressi on and grif etc.
83	 Bhumi-Amla	Phyllanthus niruri Family : <i>Euphorbiaceae</i>	Fruit,seed,le aves,root,flo wers.	Lignans,flavonoids,glycosides ,alkaloids,phenypropanoids etc.	Bp, anti- diabetic,anti- ulcers,analgesic etc.